



## Roberts Dairy Gluten-Free Information

Roberts Dairy always seeks to ensure we offer quality, healthy dairy products. For our customers with gluten intolerance or celiac disease, the following is a list of gluten-free products that can be incorporated into your diet. Please note that our dairy foods and beverages not listed here may contain gluten.

### Gluten-Free Dairy Foods and Beverages:

#### Milk

- Milk
- Reduced Fat Milk
- Low Fat Milk
- Skim Milk
- Chocolate Milk
- Reduced Fat Chocolate Milk
- Low Fat Chocolate Milk
- Fat Free Chocolate Milk

#### Sour Cream and Cottage Cheese

- Regular Sour Cream
- Lite Sour Cream
- Fat Free Sour Cream
- Large Curd Cottage Cheese
- Small Curd Cottage Cheese
- Low Fat Cottage Cheese
- Fat Free Cottage Cheese

#### Ice Cream

- Vanilla Ice Cream
- French Vanilla Ice Cream
- Vanilla Bean Ice Cream
- Chocolate Ice Cream
- Mint Chip Ice Cream
- Belgian Chocolate Ice Cream
- Chocolate Coated Vanilla Flavored Ice Cream bars
- Reduced Fat Ice Cream Bars
- Old Recipe Bars
- North Star branded Fudge Bars
- Vanilla, Chocolate and Strawberry Frozen Yogurt
- Vanilla, Chocolate and Strawberry Ice Cream Cups
- All Sherbet flavors

#### Shake Mixes

- Vanilla and Chocolate Shake Mix
- Low Fat Shake Base
- 4% and 5% Vanilla and Chocolate Reduced Fat Ice Cream Mix
- 6%, 10% and 14% Vanilla Mix

#### Miscellaneous Dairy Products

- Orange Juice
- Iced Tea
- Whipping Cream
- Half and Half
- Butter
- All Low Fat and Fat Free Yogurt flavors